



NAIL CARE

Pennsylvania - District 2
Education . . . with a competitive side

Clothing Requirements

For men: Official white polo shirt, black dress slacks, black socks and black leather work shoes.

For women: Official white top, black dress slacks, black socks or black or skin-tone hose, and black leather work shoes.

For models: Businesslike, white, collarless blouse; black dress slacks or skirt; black or skin tone hose; and black shoes.

Note: At the district level if a student is not able to wear the official SkillsUSA attire he/she may wear an outfit that would be acceptable in their specific field of study. *Please keep in mind that official SkillsUSA attire will be required at the state and national level.*

Eligibility

Open to active SkillsUSA members enrolled in programs with cosmetology/nail care as the occupational objective.

Equipment and Materials: Supplied by host school:

1. Disinfectant cleanser (for pre-cleaning)
2. Hand sanitizer (for use by contestant and model)
3. Plastic bags for disposal items
4. Manicure Table
5. Water and soap for finger bowls

Equipment and Materials: Supplied by contestant:

1. All students must have a one-page, typewritten résumé.
2. White terry towels (no holes or stains allowed)
3. All items necessary to complete 2 sculptured acrylic nails. NOTE: Dappen dishes must have covers; monomer, **polymer and primer must be odorless** (ex: OPI Clarite, CND); two of the four basic acrylic colors must be used.
4. All items necessary to complete tip applications, blended and nail forms. NOTE: Must have one complete line. (ex – Backscratchers, OPI, Cuccio)
5. All items necessary to complete flat-paint nail art application. NOTE: Supplies are limited to polish, lacquers, paints and sealer, see items not allowed. Topcoat may be used as a sealer
6. Dark red nail polish for the sculptured acrylic nails
7. All sanitation/disinfection supplies
8. Portable kit organizer (to transport all items necessary for the contest)
9. Blood spill procedure materials and guidelines
10. Safety goggles for the competitor and the model
11. Manicure bowl and brush

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Items Not Allowed

1. Nail Art Accessories: Gems, skins, feathers, rhinestones, glitters, threads, fabrics, foils, beads, tapes, jewelry, air brushing, decals/stencils or cast moldings
2. Free-edge or white tip
3. Tip blenders
4. Electric files/drills
5. Buffing crème

Scope of the Contest – *(Defined by the National Competition Regulations)*

(District Competitions are meant to be a scaled down version of National Competition. It is important for the students to participate in a competition that will reflect a cross-section of the industry skills needed to prepare them for the state and national levels)

The contest is defined by industry standards as set by the current industry technical standards. The contest is divided into two parts: a written exam and a series of testing situations designed to assess knowledge in nail care industry standards.

Knowledge Performance

The contest will include a skill-related written knowledge test of 50 multiple-choice questions assessing knowledge of Nail Care and Infection Control. Contestants will have 30 minutes to complete the exam. The reference book used is Milady Standard Textbook of Cosmetology 2016 edition.

Skill Performance

All products and solutions must be labeled. Nail art will be judged on creativity according to the SkillsUSA theme. Artificial Nail Application will be judged on application skill. Once time is called the contestant must stop working, touching the model after time is called will result in penalty points.

Contest Guidelines

1. Contestants will be assigned a manicure station
2. Contestants will be evaluated on resume' and attire requirements
3. All contestants must keep their working area clean and organized
4. All contestants must follow sanitation and safety procedures throughout the contest.
5. Professional attitude and communication is expected throughout the contest
6. Once time is called, contestant must stop working. Touching the model after time is called will result in three penalty points.
7. Cell phones are not permitted in the contest area.

The contest will consist of the following:

1. Natural Nail Care: (20 minutes)

- a. Contestants will perform natural nail care on one hand, including massage.

2. Artificial Nail Applications: (40 minutes)

- a. Contestants will perform the following skills:
 - Acrylic application using nail form (white and pink) - 2 fingers
 - Acrylic application over nail tip (one color) - 2 fingers
 - Tip and blend application - 1 finger

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3. Lacquer/polish application and Nail Art: (30 minutes)

- a. Dark red nail polish on the 4 sculptured acrylic nails
- b. Contestants will perform a polish application with 2-dimensional nail art on 4 fingers (of their choice)

Items Evaluated	Possible Points	Contestant Points
Natural Nail Care	10	
Tip and blended application 1 nail	5	
Acrylic application with nail form (pink and white) 2 nails	30	
Acrylic Application over nail tip (one color) 2 nails	20	
Nail Art	30	
Written Test	25	
Safety (goggles) & Sanitation	-10	
Resume Penalty	-10	
Clothing Penalty	-5	

Total Points _____ **120**

Note: No cell phones or other electronic devices may be used at any time during a competition; this includes using a calculator function on a cell phone for competitions in which calculators are permitted.

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