

**SKILLSUSA PENNSYLVANIA  
PROOF OF TRAINING FORM  
Automated Manufacturing Technology Competition**

**Note: Failure to complete this form will disqualify the contestant from the competition. A copy must be given to the Contest Chairperson on the day of competition.**

Contestant Name: \_\_\_\_\_

Check one:  Secondary  Post Secondary \_\_\_\_\_ School

This is to certify that the above named contestant has received training and is competent in the safety and operation of the following tools and performance of the job skills which may be included as part of the competition. Every category must be checked to be eligible to compete.

CNC Milling Machine

\_\_\_\_\_  
Instructor's signature                      \_\_\_\_\_                      Date \_\_\_\_\_  
Print name of instructor

\_\_\_\_\_  
Contestant's signature                      \_\_\_\_\_                      Date \_\_\_\_\_  
Print name of contestant

Reviewed and Approved by: \_\_\_\_\_  
Director/Administrator                      Date

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**SKILLSUSA PENNSYLVANIA  
PROOF OF TRAINING FORM  
Building Construction\***

**Note: Failure to complete this form will disqualify the contestant from the competition. Two copies will be required. One will be mailed to SkillsUSA Pennsylvania prior to the contest and a copy shall be provided to the Contest Chairperson on the day of the contest.**

Contestant Name: \_\_\_\_\_

Check one:  Secondary  Post Secondary \_\_\_\_\_ School

This is to certify that the above named contestant has received training and is competent in the safety and operation of the following tools and performance of the job skills which may be included as part of the competition. Every category must be checked to be eligible to compete.

Circular saw

Hand tools as listed in the PA SkillsUSA State Skills Championship Technical Standards

\_\_\_\_\_  
Instructor's signature                                  Print name of instructor                                  Date \_\_\_\_\_

\_\_\_\_\_  
Contestant's signature                                  Print name of contestant                                  Date \_\_\_\_\_

Reviewed and Approved by: \_\_\_\_\_  
Director/Administrator                                  Date

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\*State Contest Only

**SKILLSUSA PENNSYLVANIA  
PROOF OF TRAINING FORM  
Building Maintenance Competition**

**Note: Failure to complete this form will disqualify the contestant from the competition. A copy must be given to the Contest Chairperson on the day of competition.**

Contestant Name: \_\_\_\_\_

Check one:  Secondary  Post Secondary \_\_\_\_\_ School

This is to certify that the above named contestant has received training and is competent in the safety and operation of the following tools and performance of the job skills which may be included as part of the competition. Every category must be checked to be eligible to compete.

Floor buffer  Vacuum

Carpet Shampooer

Knowledge and practice in the use of custodial chemicals

\_\_\_\_\_  
Instructor's signature      \_\_\_\_\_      Date \_\_\_\_\_  
Print name of instructor

\_\_\_\_\_  
Contestant's signature      \_\_\_\_\_      Date \_\_\_\_\_  
Print name of contestant

Reviewed and Approved by: \_\_\_\_\_  
Director/Administrator      Date \_\_\_\_\_

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**SKILLSUSA PENNSYLVANIA  
PROOF OF TRAINING FORM  
Cabinetmaking Competition**

**Note: Failure to complete this form will disqualify the contestant from the competition. A copy must be given to the Contest Chairperson on the day of competition.**

Contestant Name: \_\_\_\_\_

Check one:     Secondary     Post Secondary    \_\_\_\_\_ School

This is to certify that the above named contestant has received training and is competent in the safety and operation of the following tools and performance of the job skills which may be included as part of the competition. Every category must be checked to be eligible to compete.

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Router  | <input type="checkbox"/> Jointer        | <input type="checkbox"/> Hand drill           |
| <input type="checkbox"/> Saw   | <input type="checkbox"/> Boring Machine | <input type="checkbox"/> Radial Arm Saw       |
| <input type="checkbox"/> Band saw  | <input type="checkbox"/> Scroll saw     | <input type="checkbox"/> Disc and Belt sander |
| <input type="checkbox"/> Table saw   | <input type="checkbox"/> Drill Press    | <input type="checkbox"/> Compound Miter Saw   |
| <input type="checkbox"/> Hand tools as listed in the SkillsUSA Championships Technical Standards |   |   |

_____	_____	Date _____
Instructor's signature	Print name of instructor	

_____	_____	Date _____
Contestant's signature	Print name of contestant	

Reviewed and Approved by: \_\_\_\_\_

Director/Administrator	Date
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**SKILLSUSA PENNSYLVANIA**  
**PROOF OF TRAINING FORM**  
**Carpentry Competition**

**Note: Failure to complete this form will disqualify the contestant from the competition. A copy must be given to the Contest Chairperson on the day of competition.**

Contestant Name: \_\_\_\_\_

Check one:   \_\_Secondary   \_\_Post Secondary   \_\_\_\_\_School

This is to certify that the above named contestant has received training and is competent in the safety and operation of the following tools and performance of the job skills which may be included as part of the competition. Every category must be checked to be eligible to compete.

\_\_Hand tools as listed in the SkillsUSA Championships Technical Standards

**Power tools:**

- |                     |             |               |
|---------------------|-------------|---------------|
| __Circular saw      | __Jig Saw   | __Belt Sander |
| __Miter saw         | __Table saw | __Drill       |
| __Reciprocating saw | __Router    | __Screw gun   |

**Job skills:**

- |  |   |
|--|---|
| __Blueprint reading and specification interpretation | __Layout and framing of stairs          |
| __Building material identification                   | __Door and window installation          |
| __Rough framing of floors and walls                  | __Exterior siding and trim installation |
| __Roof framing and sheathing                         | __Drywall and paneling installation     |
| __Roof shingle application                           | __Interior trim application             |

		Date_____
Instructor’s signature	Print name of instructor	

		Date_____
Contestant’s signature	Print name of contestant	

Reviewed and Approved by: \_\_\_\_\_

Director/Administrator                                  Date

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**SKILLSUSA PENNSYLVANIA  
PROOF OF TRAINING FORM  
Collision Repair Technology Competition**

**Note: Failure to complete this form will disqualify the contestant from the competition. A copy must be given to the Contest Chairperson on the day of competition.**

Contestant Name: \_\_\_\_\_

Check one: \_\_\_Secondary \_\_\_Post Secondary \_\_\_\_\_School

This is to certify that the above named contestant has received training and is competent in the safety and operation of the following tools and performance of the job skills which may be included as part of the competition. Every category must be checked to be eligible to compete.

\_\_\_Air sander

\_\_\_Metal grinder

\_\_\_GMAW welding equipment

\_\_\_Spray equipment

\_\_\_Hand tools as listed in the SKILLSUSA Championship Technical Standards

\_\_\_\_\_  
Instructor's signature      \_\_\_\_\_ Print name of instructor      Date \_\_\_\_\_

\_\_\_\_\_  
Contestant's signature      \_\_\_\_\_ Print name of contestant      Date \_\_\_\_\_

Reviewed and Approved by: \_\_\_\_\_  
Director/Administrator      Date \_\_\_\_\_

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**SKILLSUSA PENNSYLVANIA  
PROOF OF TRAINING FORM  
Culinary Arts/Commercial Baking Competition**

**Note: Failure to complete this form will disqualify the contestant from the competition. A copy must be given to the Contest Chairperson on the day of competition.**

Contestant Name: \_\_\_\_\_

Check one: \_\_\_\_\_ Commercial Baking \_\_\_\_\_ Culinary Arts

Check one: \_\_\_Secondary \_\_\_Post Secondary \_\_\_\_\_School

This is to certify that the above named contestant has received training and is competent in the safety and operation of the following tools and performance of the job skills which may be included as part of the competition. Every category must be checked to be eligible to compete.

\_\_\_Knife's Kit & Cook's tools

\_\_\_Commercial stoves and ovens

\_\_\_\_\_  
Instructor's signature                      \_\_\_\_\_                      Date \_\_\_\_\_  
Print name of instructor

\_\_\_\_\_  
Contestant's signature                      \_\_\_\_\_                      Date \_\_\_\_\_  
Print name of contestant

Reviewed and Approved by: \_\_\_\_\_  
Director/Administrator                      Date \_\_\_\_\_

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**SKILLSUSA PENNSYLVANIA  
PROOF OF TRAINING FORM  
Diesel Equipment Technology Competition**

**Note: Failure to complete this form will disqualify the contestant from the competition. A copy must be given to the Contest Chairperson on the day of competition.**

Contestant Name: \_\_\_\_\_

Check one:     Secondary     Post Secondary    \_\_\_\_\_ School

This is to certify that the above named contestant has received training and is competent in the safety and operation of the following tools and performance of the job skills which may be included as part of the competition. Every category must be checked to be eligible to compete.

Oxyacetylene Welding & Cutting

Drill Press

Hydraulic Systems

Electric Welding

Alternator Voltage Regulator tester

Metal Grinders

Hand tools as listed in the SKILLSUSA Championships Technical Standards

\_\_\_\_\_  
Instructor's signature

\_\_\_\_\_  
Print name of instructor

Date \_\_\_\_\_

\_\_\_\_\_  
Contestant's signature

\_\_\_\_\_  
Print name of contestant

Date \_\_\_\_\_

Reviewed and Approved by: \_\_\_\_\_

Director/Administrator

Date \_\_\_\_\_

**SKILLSUSA PENNSYLVANIA  
PROOF OF TRAINING FORM  
Graphic Communications**

**Note: Failure to complete this form will disqualify the contestant from the competition. A copy must be given to the Contest Chairperson on the day of competition.**

Contestant Name: \_\_\_\_\_

Check one:   \_\_Secondary   \_\_Post Secondary   \_\_\_\_\_School

This is to certify that the above named contestant has received training and is competent in the safety and operation of the following tools and performance of the job skills which may be included as part of the competition. Every category must be checked to be eligible to compete.

\_\_\_\_\_ Folder

\_\_\_\_\_ Press/Duplicator

\_\_\_\_\_ Cutter

_____	_____	Date _____
Instructor's signature	Print name of instructor	

_____	_____	Date _____
Contestant's signature	Print name of contestant	

Reviewed and Approved by: \_\_\_\_\_  
Director/Administrator Date

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One copy should be placed in the contestant's competition/name badge.

**SKILLSUSA PENNSYLVANIA  
PROOF OF TRAINING  
HEAVY EQUIPMENT OPERATION & MAINTENANCE**

**Note: Failure to complete this form will disqualify the contestant from the competition. A copy must be given to the Contest Chairperson on the day of competition.**

Contestant's Name \_\_\_\_\_

\_\_\_\_\_Secondary \_\_\_\_\_Postsecondary \_\_\_\_\_School

Each Heavy Equipment Operation & Maintenance contestant must fill out this form and check each category for competition. Signature is required from the instructor to attest that the contestant has had sufficient training to conduct the tasks safely.

\_\_\_\_\_CRAWLER TRACTORS (BULLDOZERS)

\_\_\_\_\_BACK-HOE LOADERS

\_\_\_\_\_ARTICULATED WHEEL LOADERS

\_\_\_\_\_HYDRAULIC EQUIPMENT

\_\_\_\_\_SKID-STEER LOADERS

\_\_\_\_\_EXCAVATORS

\_\_\_\_\_CRAWLER LOADERS

\_\_\_\_\_SHOP TOOLS AND EQUIPMENT

**(NOTE: EVERY CATEGORY MUST BE CHECKED!)**

\_\_\_\_\_  
Contestant Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Instructor Signature

\_\_\_\_\_  
Date

Reviewed and Approved \_\_\_\_\_  
School Director/Administrator

**SKILLSUSA PENNSYLVANIA  
PROOF OF TRAINING FORM  
Heating, Ventilation, Air Conditioning & Refrigeration Competition**

**Note: Failure to complete this form will disqualify the contestant from the competition. A copy must be given to the Contest Chairperson on the day of competition.**

Contestant Name: \_\_\_\_\_

Check one: \_\_\_Secondary \_\_\_Post Secondary \_\_\_\_\_School

This is to certify that the above named contestant has received training and is competent in the safety and operation of the following tools and performance of the job skills which may be included as part of the competition. Every category must be checked to be eligible to compete.

\_\_\_Soldering/Brazing equipment

\_\_\_Hand tools and test equipment as listed in the SKILLSUSA Championship  
Technical Standards

_____	_____	Date_____
Instructor's signature	Print name of instructor	

_____	_____	Date_____
Contestant's signature	Print name of contestant	

Reviewed and Approved by: \_\_\_\_\_

Director/Administrator	Date
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**SKILLSUSA PENNSYLVANIA  
PROOF OF TRAINING FORM  
Industrial Motor Control Competition**

**Note: Failure to complete this form will disqualify the contestant from the competition. A copy must be given to the Contest Chairperson on the day of competition.**

Contestant Name: \_\_\_\_\_

Check one:     Secondary     Post Secondary    \_\_\_\_\_ School

This is to certify that the above named contestant has received training and is competent in the safety and operation of the following tools and performance of the job skills which may be included as part of the competition. Every category must be checked to be eligible to compete.

Multi-meter                       EMT conduit bender

Hand tools listed in the SKILLSUSA Championship Technical Standards

\_\_\_\_\_  
Instructor's signature                      \_\_\_\_\_                      Date \_\_\_\_\_  
Print name of instructor

\_\_\_\_\_  
Contestant's signature                      \_\_\_\_\_                      Date \_\_\_\_\_  
Print name of contestant

Reviewed and Approved by: \_\_\_\_\_  
Director/Administrator                      Date

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**SKILLSUSA PENNSYLVANIA  
PROOF OF TRAINING FORM  
Masonry**

**Note: Failure to complete this form will disqualify the contestant from the competition. A copy must be given to the Contest Chairperson on the day of competition.**

Contestant Name: \_\_\_\_\_

Check one:    \_\_\_Secondary    \_\_\_Post Secondary    \_\_\_\_\_School

This is to certify that the above named contestant has received training and is competent in the safety and operation of the following tools and performance of the job skills which may be included as part of the competition. Every category must be checked to be eligible to compete. (Reference: Masonry Skills, Sixth Edition, Richard T. Kreh, Sr., ISBN-13:978-1-4180-3753-6, Section 1, Unit 1)

\_\_\_\_\_ Hand Tools as listed in the SkillsUSA Championships Technical Standards

**Job Skills:**

\_\_\_\_\_ Observes and obeys common sense and safe work practices.

\_\_\_\_\_ Understands and practices a safety attitude and safe work habits.

\_\_\_\_\_ Demonstrates importance of tied work shoes and proper work clothing to include long pants, shirts that cover the shoulders, shirt tails tucked into pants, and heavy leather work boots, preferably steel toed.

\_\_\_\_\_ Wears safety glasses that include side shields.

\_\_\_\_\_ Knows when noise is excessive and wears ear protection.

\_\_\_\_\_ Understands the physically demanding and repetitive nature of masonry work and performs the work in an ergonomically safe method.

\_\_\_\_\_ Avoids awkward posture, contact stress, prolonged repetitive motion acts and improper lifting.

\_\_\_\_\_ Accepts the responsibility to observe all safety regulations.

\_\_\_\_\_ Demonstrates neatness and good housekeeping skills.

\_\_\_\_\_ Safely cuts masonry units with hammer and chisel.

\_\_\_\_\_ Properly instructed in the use of a dust mask or respirator.

\_\_\_\_\_ Wears a Class A, OSHA approved proper fitting hard hat with suspension materials inside.

_____	_____	Date _____
Instructor's signature	Print name of instructor	

_____	_____	Date _____
Contestant's signature	Print name of contestant	

Reviewed and Approved by: \_\_\_\_\_  
   Director/Administrator                                     Date



**SKILLSUSA PENNSYLVANIA  
PROOF OF TRAINING FORM  
Plumbing Competition**

**Note: Failure to complete this form will disqualify the contestant from the competition. A copy must be given to the Contest Chairperson on the day of competition.**

Contestant Name: \_\_\_\_\_

Check one: \_\_\_Secondary \_\_\_Postsecondary \_\_\_\_\_School  
This is to certify that the above named contestant has received training and is competent in the safety and operation of the following tools and performance of the job skills which may be included as part of the competition. Every category must be checked to be eligible to compete.

\_\_\_\_Copper tubing cutter                      \_\_\_Screw Gun-Battery or Electric

\_\_\_Soldering/Brazing Torch equipment\*

\*Contestant shall have been trained in the proper set-up, use, and safety involved in the use of fuel fired soldering/brazing torch equipment

\_\_\_Hand tools as listed in the SkillsUSA Championships Technical Standards

\_\_\_\_\_  
Instructor's signature                      Print name of instructor                      Date\_\_\_\_\_

\_\_\_\_\_  
Contestant's signature                      Print name of contestant                      Date\_\_\_\_\_

Reviewed and Approved by: \_\_\_\_\_  
Director/Administrator                      Date

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**SKILLSUSA PENNSYLVANIA  
PROOF OF TRAINING FORM  
Power Equipment Competition**

**Note: Failure to complete this form will disqualify the contestant from the competition. A copy must be given to the Contest Chairperson on the day of competition.**

Contestant Name: \_\_\_\_\_

Check one: Secondary Postsecondary \_\_\_\_\_School

This is to certify that the above named contestant has received training and is competent in the safety and operation of the following tools and performance of the job skills which may be included as part of the competition. Every category must be checked to be eligible to compete.

VOA meter Ignition tester

Hand tools as listed in the SKILLSUSA Championships Technical Standards

\_\_\_\_\_  
Instructor's signature                      \_\_\_\_\_                      Date \_\_\_\_\_  
Print name of instructor

\_\_\_\_\_  
Contestant's signature                      \_\_\_\_\_                      Date \_\_\_\_\_  
Print name of contestant

Reviewed and Approved by: \_\_\_\_\_  
Director/Administrator                      Date

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**SKILLSUSA PENNSYLVANIA  
PROOF OF TRAINING FORM  
Precision Machining Technology Competition\***

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**Note: Failure to complete this form will disqualify the contestant from the competition. Two copies will be required. One will be mailed to SkillsUSA Pennsylvania prior to the contest and a copy shall be provided to the Contest Chairperson on the day of the contest.**

Contestant Name: \_\_\_\_\_

Check one:    Secondary    Postsecondary   \_\_\_\_\_ School

This is to certify that the above named contestant has received training and is competent in the safety and operation of the following tools and performance of the job skills which may be included as part of the competition. Every category must be checked to be eligible to compete.

\_\_\_\_ Manual Turning Lathe

\_\_\_\_ Manual Milling Machine

\_\_\_\_ Manual Drill Press

\_\_\_\_ Manual Grinding Machine

\_\_\_\_ Vertical Band Saw

\_\_\_\_ Horizontal Band saw

\_\_\_\_\_  
Instructor's signature

\_\_\_\_\_  
Print name of instructor

Date \_\_\_\_\_

\_\_\_\_\_  
Contestant's signature

\_\_\_\_\_  
Print name of contestant

Date \_\_\_\_\_

Reviewed and Approved by: \_\_\_\_\_

Director/Administrator

Date \_\_\_\_\_

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\*State Only Contest



**SKILLSUSA PENNSYLVANIA**  
**PROOF OF TRAINING FORM**

Sheet Metal

**Note: Failure to complete this form will disqualify the contestant from the competition. A copy must be given to the Contest Chairperson on the day of competition.**

Contestant Name: \_\_\_\_\_

Check one:  Secondary  Postsecondary \_\_\_\_\_ School

This is to certify that the above named contestant has received training and is competent in the safety and operation of the following tools and performance of the job skills which may be included as part of the competition. Every category must be checked to be eligible to compete.

Lock-former     Pop Riveter     Foot Shear

Standard Brake     Slip Roller

Hand tools listed in SKILLSUSA Championships Technical Standard

\_\_\_\_\_ Date \_\_\_\_\_

Instructor's Signature    Print name of instructor

\_\_\_\_\_ Date \_\_\_\_\_

Contestant's Signature    Print name of contestant

Review and Approved by: \_\_\_\_\_ Date \_\_\_\_\_

Director/Administrator

**SKILLSUSA PENNSYLVANIA  
PROOF OF TRAINING FORM  
Teamworks**

**Note: Failure to complete this form will disqualify the contestant from the competition. A copy must be given to the Contest Chairperson on the day of competition.**

Team Members: \_\_\_\_\_  
\_\_\_\_\_

Check one:  Secondary  Post Secondary \_\_\_\_\_ School

This is to certify that the above named contestants have received training and is competent in the safety and operation of the following tools and performance of the job skills which may be included as part of the competition. Every category must be checked to be eligible to compete. **No proof-of-training required for masonry competitor.**

**Carpentry**

\_\_\_\_ Hand tools as listed in the SkillsUSA Championships Technical Standards

Power tools:

\_\_\_\_ Circular saw

\_\_\_\_ Jig Saw

\_\_\_\_ Belt Sander

\_\_\_\_ Miter saw

\_\_\_\_ Table saw

\_\_\_\_ Drill

\_\_\_\_ Reciprocating saw

\_\_\_\_ Router

\_\_\_\_ Screw gun

\_\_\_\_\_  
Instructor's signature \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_  
Print name of instructor

\_\_\_\_\_  
Date \_\_\_\_\_

\_\_\_\_\_  
Contestant's signature

\_\_\_\_\_  
Print name of contestant

**Plumbing**

\_\_\_\_ Hand tools as listed in the SkillsUSA Championships Technical Standards

\_\_\_\_ Copper tubing cutter

\_\_\_\_ Screw Gun-Battery or Electric

\_\_\_\_ Soldering/Brazing Torch equipment\*

\*Contestant shall have been trained in the proper set-up, use, and safety involved in the use of fuel fired soldering/brazing torch equipment

\_\_\_\_\_  
Instructor's signature \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_  
Print name of instructor

\_\_\_\_\_  
Date \_\_\_\_\_

\_\_\_\_\_  
Contestant's signature

\_\_\_\_\_  
Print name of contestant

**Residential Wiring**

\_\_\_\_ Hand tools listed in the SKILLUSA Championships Technical Standard

\_\_\_\_ Cordless Drill

\_\_\_\_ Hammer drill

\_\_\_\_ Circular Saw

\_\_\_\_ Conduit bender

\_\_\_\_ Volt/Ohm meter

\_\_\_\_\_  
Instructor's signature \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_  
Print name of instructor

\_\_\_\_\_  
Date \_\_\_\_\_

\_\_\_\_\_  
Contestant's signature

\_\_\_\_\_  
Print name of contestant

Reviewed and Approved by: \_\_\_\_\_

\_\_\_\_\_  
Director/Administrator

\_\_\_\_\_  
Date

**Cell phones & computers are not permitted for presentation or competition.**

**SKILLSUSA PENNSYLVANIA  
PROOF OF TRAINING FORM  
Welding Competition**

**Note: Failure to complete this form will disqualify the contestant from the competition. A copy must be given to the Contest Chairperson on the day of competition.**

Contestant Name: \_\_\_\_\_

Check one: \_\_\_Secondary \_\_\_Postsecondary \_\_\_\_\_School

This is to certify that the above named contestant has received training and is competent in the safety and operation of the following equipment and or tools. Contestants will be permitted to use only those tools and or equipment that have been checked by the instructor.

\_\_\_Shielded Metal Arc Welder

\_\_\_Gas Metal Arc Welder

\_\_\_Fluxed Cored Arc Welder

\_\_\_Gas Tungsten Arc Welder

\_\_\_OFC Equipment

\_\_\_Plasma Arc Cutter

\_\_\_Carbon Arc cutting/gouging

\_\_\_Portable grinder

\_\_\_Compressed and flammable gases

\_\_\_Hand tools as listed in the SKILLSUSA Championships Technical Standards

\_\_\_\_\_  
Instructor's signature

\_\_\_\_\_  
Print name of instructor

Date\_\_\_\_\_

\_\_\_\_\_  
Contestant's signature

\_\_\_\_\_  
Print name of contestant

Date\_\_\_\_\_

Reviewed and Approved by: \_\_\_\_\_

Director/Administrator

Date

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One copy should be placed in the contestant's competition/name badge.